



**ADDITIONAL  
APPLE HARVEST  
FESTIVAL ROAD RACE  
OPPORTUNITIES:**

- **5K RUN, WALK OR HIKE**
- **5 MILE RUN, WALK OR HIKE**
- **2 MILE WALK**
  - **Run, Walk or hike between October 2 and October 12**
  - **1st 1,000 registered receive a T-shirt**
  - **Everyone receives a bib and finisher's certificate**
  - **Age category medals**
  - **Proceeds go right back into our community to support individuals and families impacted by the COVID-19 pandemic**



**Apple  
Harvest  
Festival  
Road Races**

**Y CUP**



**1 MILE RUN**

**Grades 1 to 5**

**WE'RE GOING VIRTUAL!**

**Run any time between  
Oct. 2nd and Oct. 31st**

**SOUTHINGTON COMMUNITY YMCA**  
29 High Street Southington, CT 06489  
860-628-8737 | [www.sccymca.org/ycup](http://www.sccymca.org/ycup)





# Y CUP 1-MILE RUN

*presented by the*  
**Southington Community YMCA**

## WHAT IS THE Y CUP 1-MILE RUN?

- As part of the Y's Apple Harvest Festival Road Races, elementary aged children participate in a 1-mile virtual run any time between October 2nd and October 31st
- Besides a ton of fun and enhancing fitness levels, runners compete for their respective elementary school vying for the prestigious Y CUP trophy
- Medals and points will be award to the top three boys and girls in grades 1 through 5
- 1st place will be awarded 5 points, 2nd Place receives 3 points and 3rd place receives 1point. One elementary school in Southington will be awarded the Y CUP trophy to display at their school
- Elementary aged children from any school, any city, any state may participate and be eligible for grade level medals. Their points will not count towards the Y CUP
- Children may run any time and anywhere. We encourage adult supervision, safe running, follow running etiquette and for runners to practice social distancing
- Parents should send times of runner's mile run to John Myers at phillymymy@gmail.com before midnight on Mindy, November 2nd
- All participants who register within the first 1,000 for the Apple Harvest Festival Road Races will receive a t-shirt. T-shirts will be ordered after October 31st.
- All runners will receive a race bib and finisher's certificate. A great collector's item!

## COST:

- \$15 per runner
- For financial assistance contact John Myers at [jmyers@sccymca.org](mailto:jmyers@sccymca.org)

## SIGN UP:

Fill out registration and sign waiver. Return with money to the Southington Community YMCA before October 31, 2020.

Please make checks payable to "Southington-Cheshire Community YMCAs"

**or**

Register online before Monday, October 12th at: [www.sccymca.org/apple](http://www.sccymca.org/apple)

# 2020 APPLE HARVEST ROAD RACES Y CUP 1 MILE RUN ENTRY FORM

## REGISTRATION

- Fill out our registration form with parent/guardian signature and return to the Southington Y before Monday, October 31st
- Cost: \$15 per person through October 31st
- Checks should be made out to the 'Southington-Cheshire Community YMCAs'

## PLEASE PRINT

Runner's Name: \_\_\_\_\_

Runner's School \_\_\_\_\_

Runner's Grade as of Sept. 2020 \_\_\_\_\_

Runner's T-Shirt Size \_\_\_\_\_

Runner's Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip Code \_\_\_\_\_

In consideration of the acceptance of this entry, I hereby, for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I may have against the organizers and sponsors, for any and all injuries suffered by me at this event. Further, I hereby grant permission to any and all of the foregoing to use my photographs, videotapes, and/or any record of this event without my permission.

**A parent/guardian must sign below.**

Signed \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Emergency contact \_\_\_\_\_

Emergency number \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Please make checks payable to:

Southington-Cheshire Community YMCAs

and drop off or mail to:

**SOUTHINGTON COMMUNITY YMCA**  
**29 High Street, Southington, CT 06489**