**Southington High School**

**School Counseling Department**

**Senior Brag Sheet**

The purpose of this form is to provide your school counselor with as much accurate information as possible, should you request a counselor recommendation for a college or scholarship application. Please attach a copy of your activities resume, complete this sheet and return it to your school counselor. Counselors require a minimum of two (2) weeks to write a letter.

Name: Date:

Anticipated Major/Career Interest Area:

1. What are you most proud of from your high school experience and why?

2. Are there any challenges you faced as a student? (In class, out of class, scheduling, etc.)

3. What experiences have you encountered related to your present career interest? For example, volunteer work at a hospital relating to an individual’s interest in nursing.

4. What activities outside the classroom has had the most impact on you and why?

5. Briefly describe a leadership role (formal or informal) that you have held during high school.

6. Is there any outside circumstance or health issue that has interfered with your academic performance? How did you handle this setback? Please explain? If so, do we have your permission to share this? o YES o NO

7. Are you a first-generation college student? (Neither of your parents finished college with a 4 year college degree)

o YES o NO

**Parent Brag Sheet**

Name of Student:

1. What do you consider the outstanding accomplishments of your senior student during the past three years? Why did you select these as most important?
2. In what areas has your senior shown the most development and growth during the past three or four years?
3. If you had to describe your son/daughter in three adjectives, what would they be and why? Please be specific.

1.

2.

3.

1. Are there any unusual or personal circumstances, which have affected your senior’s educational experiences or personal experiences?