

# April 2020

## Southington High School

### Student Support Center Newsletter

## Staying Home and Staying Safe!

This is a challenging time for people and we are here to support students and families. The entire Student Support Center Staff have been working to help with the implementation of distance learning. Our role as counseling staff is evolving as we progress through these changing times! Please do not hesitate to contact us. Below are office hours and email contacts.

[Click here for the Student Support Center Website](#)

### School Counselors

Anthony, Jessica [janthony@southingtonschools.org](mailto:janthony@southingtonschools.org) 9-10 AM & 1-2 PM  
Bugnacki, Mark [mbugnacki@southingtonschools.org](mailto:mbugnacki@southingtonschools.org) 9:30-10:30 AM & 1-2 PM  
Davis, Geoffrey [gdavis@southingtonschools.org](mailto:gdavis@southingtonschools.org) M 9:30-10:30 AM, T-F 9-10 AM, M-F 12:30-1:30 PM  
Gleba, David [dgleba@southingtonschools.org](mailto:dgleba@southingtonschools.org) 11 AM-12 PM & 1-2 PM  
Ovalles, Sylvia- Intern [sovalles@southingtonschools.org](mailto:sovalles@southingtonschools.org) 9-10 AM & 2-3 PM  
Russman, Sherry [srussman@southingtonschools.org](mailto:srussman@southingtonschools.org) 11 AM-12 PM & 1-2 PM  
Viens, Beth [bviens@southingtonschools.org](mailto:bviens@southingtonschools.org) 9:30-10:30 AM & 1-2 PM  
Wallace, Jessica [jwallace@southingtonschools.org](mailto:jwallace@southingtonschools.org) 8:30-9:30 AM & 1:15-2:15 PM

### School Social Workers

Wrinn, Jennifer [jwrinn@southingtonschools.org](mailto:jwrinn@southingtonschools.org) 10-11 AM & 2-3 PM  
Zenowitz, Thomas [tzenowitz@southingtonschools.org](mailto:tzenowitz@southingtonschools.org) 10-11 AM & 2-3 PM  
Zeruk, Dawn [dzeruk@southingtonschools.org](mailto:dzeruk@southingtonschools.org) 10-11 AM & 2-3 PM

### School Psychologists

Kubko, Iwona [ikubko@southingtonschools.org](mailto:ikubko@southingtonschools.org) 10-11 AM & 3-4 PM  
Rodgers, Larissa [lrogers@southingtonschools.org](mailto:lrogers@southingtonschools.org) 9-10 AM & 2-3 PM

### Director of School Counseling, Grades 6-12

Discenza, Jennifer [jdiscenza@southingtonschools.org](mailto:jdiscenza@southingtonschools.org) M-F 8 AM-3 PM

## Counseling Department Google Classrooms

Each year students are asked to complete Naviance tasks for college and career planning. All students should be completing the assigned tasks as these will guide college and career planning meetings.

Google Classroom log-in codes are below for each grade level.

9

CLASS CODE

f5gecy5

10

CLASS CODE

lf4srzu

11

CLASS CODE

3gp gn4h

12

CLASS CODE

b3fxpdr

### Naviance Student

[Click here for the Naviance Link](#)

If a student has to reset their password they will need to log into their school email. Naviance will send the reset password to the email active in Naviance.

Students need school email to access distance learning & can use the email to correspond with faculty members! If a student needs help to access their email click here: [School Email Tutorial](#)

## Message From the Social Workers

Last week a letter was mailed to all parents/guardians whose child receives school social work services. All students were asked to join a Google Classroom which is an online platform the social workers will be using. Students can access information, resources, and participate in activities that will support their emotional well-being and align with the goals and objectives of their school-based group and/or individual counseling. If a student has not accessed this classroom, please reach out to the respective social worker for the classroom code.

## Working Papers

If a child needs working papers you must email a copy of the “*Promise of Employment*” to Mrs. Monteiro at [nmonteiro@southingtonschools.org](mailto:nmonteiro@southingtonschools.org) or Mrs. Belanger at [jbelanger@southingtonschools.org](mailto:jbelanger@southingtonschools.org)

\*Both counseling secretaries are working from home and available to answer any student and/or parent/guardian inquiries.

## Junior Year College & Career Planning

School Counselors are giving time for students to adjust to the new distance learning environment. They have not forgotten about Junior year college and career planning! At this time, please complete tasks in Naviance through the counseling google classroom. More information will come out soon!

## 2020-2021 Course Registration

Prior to the district closing we started course registration for the 2020-2021 school year. The comprehensive scheduling process is well underway despite the closure! The remainder of the registration timeline:

- Departments are building their course schedule based on student registration requests.
- School Counselors are reaching out to students if/when a course will not be running.
- The master schedule build will be worked on during the months of April/May.
- In June, students will receive a list of course requests to confirm and finalize.

## Advanced Placement - What We Know Now!

[Click Here for AP Testing Updates](#)

SHS Teachers have been continuing their instruction through distance learning. College Board is offering additional free resources through exam day to help students get ready. While College Board is encouraging students to wait until closer to the test to decide about an exam, any student registered for an exam can cancel at no charge. All AP exams will be taken at home on devices.

## UCONN ECE

We are working closely with UCONN remotely and with the instructors distance learning plan. We will keep you informed as this progresses. Click here for [Information on UCONN ECE and COVID-19](#)

### 504 Plans & Meetings

- All 504 plans are being implemented during distance learning. Accommodations relevant to virtual learning environment will continue to be implemented.
- School Counselors reconnected and provided a PDF copy of 504 plans to teachers last week.
- All 504 plans will carry over for the 2020-2021 school year, despite annual review dates.
- Per the federal government, annual reviews and initial eligibility meetings will not be taking place during the COVID-19 health pandemic.
- School Counselors are available by email or phone to answer any questions or receive any updated medical documentation.

## COUNSELING RESOURCES

- **EMPS/211 - CALL 211- [Click here for EMPS Website and Services](#)**
- **SPS COVID-19 INFORMATION FOR FAMILIES [Click here for SPS COVID-19 Information](#)**
- **VALUABLE INFORMATION TO MAINTAIN YOUR MENTAL HEALTH DURING A PANDEMIC: [Click here for Maintaining Your Mental Health](#)**
- **SOUTHINGTON BEHAVIORAL HEALTH DIRECTORY [Click here for a PDF of the Directory](#)**
- **SUICIDE PREVENTION HOTLINE 1-800-273-8255 or TEXT 741741  
[Click here for Suicide Prevention Information](#) [Click here for Suicide Prevention Information](#)**