

*Talk Early. Talk Often.
They are listening!*

Your kids know the rules!



SAAC averaged data taken from 3,286 high school student surveys during 2011-12 in our region. The results showed that an average of **70%** **reported that their family has clear rules discouraging the use of alcohol.**

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Hosting an underage drinking party can cost you!



CT Statute Sec. 30-89a prohibits anyone from allowing minors to possess alcohol or "host" underage drinking parties

First offense: an infraction.

Subsequent offenses: fine of up to \$500 or up to one year in jail or both.

For more information about Connecticut laws on underage drinking, please visit www.settherulesct.org.

Tell your children you will not provide alcohol to minors and you will not host underage drinking parties.



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Connecticut is cracking down on possession of alcohol by minors!

For more information, please visit www.settherulesct.org

Prohibits possession of alcohol by a minor on both public and private property	First offense: an infraction Subsequent offenses: fine between \$200 and \$500
If on a public street or highway	Subject to up to a 60 day license suspension If not licensed, must wait 150 days after eligible for license
If in any other public or private location	Subject to up to 30 day license suspension If not licensed, must wait 150 days after eligible for license
Prohibits possession by a minor of liquor in a motor vehicle	Subject to up to a 60 day license suspension

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The 4 C's of Supervision!

When youth begin to spend more and more time away from home, monitoring their behavior and whereabouts is challenging. Supervision helps parents recognize developing problems, promote safety, and stay involved.

- **Clear Rules**—Have a few non-negotiable rules about your child's behavior and state them clearly!
- **Communication**—Regular communication with other parents and teachers keeps you involved in your child's activities, creates resources to deal with problems by building a strong safety network for your child, and informs you of dangerous places or people.
- **Checking Up**— This lets your child know that you care about his or her safety and that your rules are important. This is hard for some of us because we want to trust our children and they may resist our efforts.
- **Consistency**— Supervision is most effective when parents set clear limits and follow through with consequences for misbehavior. Also, be consistent with giving praise and incentives when a rule is followed.

Source: drugabuse.gov/family-checkup

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Marijuana is addictive!



SAAC averaged data taken from 3,286 high school student surveys during 2011-12 in our region. Results showed that an average of **11.5% of students reported using marijuana in the past 30 days.**

Marijuana is estimated to produce addiction in approximately 9%, or roughly 1 in 11, of those who use it at least once. This rate increases to about 1 in 6, or 16%, for users who start in their teens, and 25-50% among daily users.

Source: drugabuse.gov