

# Talk Early. Talk Often. They are listening!



**YES!**

**YES!**



**NO!**

You wouldn't give beer to your infant or young child.

So why would you allow your teenager to drink?

Alcohol can cause alterations in the structure and function of the developing brain, which continues to mature into a person's mid 20s, and it may have consequences reaching far beyond adolescence.\*

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**CMHA**  
Substance Abuse Action Council