





# THALBERG ELEMENTARY SCHOOL BREAKFAST MENU – NOVEMBER 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>School Information:</b> Student Breakfast: FREE All meals are served with low fat milk, fruit, &amp; 100% juice. Visit <a href="http://www.mypaymentsplus.com">www.mypaymentsplus.com</a> to make pre-payments and check balances.</p> 		<p>1 Pumpkin Bread 44g Blueberry Muffin 48g Crumb Cake 43g Assorted Cereals</p>	<p>2 Pumpkin Bread 44g Blueberry Muffin 48g Crumb Cake 43g Assorted Cereals</p>	<p>3 Pumpkin Bread 44g Blueberry Muffin 48g Crumb Cake 43g Assorted Cereals</p>
<p>6 Chocolate Chip Muffin 52g Cinnamon Roll 38g Bagel with Cream Cheese 32g Assorted Cereals</p>	<p>7 </p>	<p>8 Chocolate Chip Muffin 52g Cinnamon Roll 38g Bagel with Cream Cheese 32g Assorted Cereals</p>	<p>9 Chocolate Chip Muffin 52g Cinnamon Roll 38g Bagel with Cream Cheese 32g Assorted Cereals</p>	<p>10 </p>
<p>13 Banana Bread 45g Yogurt &amp; Blueberry Muffin 43g Apple Roll 35g Assorted Cereals</p>	<p>14 Banana Bread 45g Yogurt &amp; Blueberry Muffin 43g Apple Roll 35g Assorted Cereals</p>	<p>15 Banana Bread 45g Yogurt &amp; Blueberry Muffin 43g Apple Roll 35g Assorted Cereals</p>	<p>16 Banana Bread 45g Yogurt &amp; Blueberry Muffin 43g Apple Roll 35g Assorted Cereals</p>	<p>17 Banana Bread 45g Yogurt &amp; Blueberry Muffin 43g Apple Roll 35g Assorted Cereals</p>
<p>20 Zee Zee Apple Berry Bar 41g Pumpkin Bread 44g Cinnamon Roll 38g Assorted Cereals</p>	<p>21 Zee Zee Apple Berry Bar 41g Pumpkin Bread 44g Cinnamon Roll 38g Assorted Cereals</p>	<p>22 23 24 </p>		
<p>27 Chocolate Chip Muffin 52g Crumb Cake 43g Bagel with Cream Cheese 32g Assorted Cereals</p>	<p>28 Chocolate Chip Muffin 52g Crumb Cake 43g Bagel with Cream Cheese 32g Assorted Cereals</p>	<p>29 Chocolate Chip Muffin 52g Crumb Cake 43g Bagel with Cream Cheese 32g Assorted Cereals</p>	<p>30 Chocolate Chip Muffin 52g Crumb Cake 43g Bagel with Cream Cheese 32g Assorted Cereals</p>	<p>White Milk 13g Chocolate Milk 19g Fruit Punch 14g Orange Juice 13g Apple Slices 8g Banana 27g Raisins 30g</p>

Menu is subject to change. This institution is an equal opportunity provider.