





# SOUTHINGTON MIDDLE SCHOOLS MENU – NOVEMBER 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
  <b>ONLINE MEAL PAYMENTS</b>	<b>Every Day Offerings:</b> Assorted Fresh Fruit Canned Fruit Unflavored & Flavored Low-Fat Milk	1 Wild Mike Bites Marinara Sauce <b>Caesar Salad</b> Canned Pears	2 Cheese Pizza or White Garlic Cheese Pizza <b>Garden Salad with Dressing</b> Cinnamon Applesauce	3 Popcorn Chicken with Dipping Sauce Mashed Potatoes Steamed Corn Canned Peaches
6 Mandarin Orange Chicken Brown Rice Steamed Broccoli Pineapple Chunks	7 	8 Cheese Ravioli with Marinara Sauce WG Breadstick <b>Oven Roasted Zucchini</b> Canned Pears	9 Cheese Pizza or White Garlic Cheese Pizza <b>Garden Salad with Dressing</b> Cinnamon Applesauce	10 
13 Crispy or Spicy Chicken Sandwich Sweet Potato Fries <b>Steamed Green Beans</b> Pineapple Chunks	14 Egg and Cheese Croissant Potato Puffs <b>Fresh Orange Slices</b>	15 WG Mac & Cheese WG Dinner Roll Steamed Carrots <b>Fresh Pears</b>	16 Cheese Pizza or White Garlic Cheese Pizza <b>Garden Salad with Dressing</b> Cinnamon Applesauce	17 Chicken Tenders with Dipping Sauce Brown Rice Steamed Corn Canned Peaches
20 French Toast Sticks Chicken Sausage Patties Potato Puffs Pineapple Chunks Maple Syrup	21 Mozzarella Sticks with Marinara Sauce Baked Crinkle Cut Fries 100% Fruit Juice	22 	23	24
27 Cheese or Chicken Quesadilla Salsa Steamed Corn Pineapple Chunks	28 Hamburger Cheeseburger Potato Wedges Steamed Broccoli <b>Fresh Orange Wedges</b>	29 Pasta & Meatballs WG Dinner Roll <b>Fresh Green Beans</b> Canned Pears	30 Cheese Pizza or White Garlic Cheese Pizza <b>Garden Salad with Dressing</b> Cinnamon Applesauce	<a href="#">Lunch Prices</a> <b>Reduced Price</b> <b>\$0.00</b> <b>Paid Price: \$3.50</b>

**Bold Indicates Fresh Produce is Used**

Menu is subject to change. This institution is an equal opportunity provider.

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 Food Service Director  
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