

Southington Administrator's Association Preventative Screening Requirements

Use age as of January 1st to determine required screenings for yourself, spouse and/or children if applicable

	Birth to 18	Ages 19-29	Ages 30 to 39	Ages 40 to 49	Ages 50 Plus
Preventive Visits-Physical	2014 required and then: One per year*	2014 required and then: 1 exam every 3 years	2014 required and then: 1 exam every 3 years	2014 required and then: 1 exam every 2 years	2014 required and then: 1 exam every year
Including:					
Cholesterol Screenings	N/A	1 screening every 5 years	1 screening every 5 years	1 screening every 5 years	<u>1 screening every 5 years</u>
Colorectal Screening	N/A	N/A	N/A	N/A	Annual fecal occult blood test or colonoscopy every 10 yrs
Routine OBGN Physical- (including clinical breast exam and cervical cancer screening) (Females)	N/A	2014 required and then: 1 exam every 2 years	2014 required and then: 1 exam every 2 years	2014 required and then: 1 exam every 2 years	2014 required and then: 1 exam every 2 years
Mammogram (Females)	N/A	N/A	N/A	2014 required and then: 1 exam every year	2014 required and then: 1 exam every year

*Birth to Age 1 requires visits at Months 1, 2, 4, 6, 9 and 12 per American Academy of Pediatrics