

**Southington Public Schools
Curriculum Map**

Subject: Physical Education

Grade: K-5

UNIT TITLE	#1 TARGET GAMES (Grades K-2)	#2 TARGET GAMES (Grades 3-5)
CONTENT	<ul style="list-style-type: none"> Cooperative Games and Activities 	<ul style="list-style-type: none"> Cooperative Games and Activities
STATE STANDARDS	<p>1K-2.8 Throw an object using a fluid motion.</p> <p>2K-2.2 Identify the importance of opposition and follow-through in the development of a mature throw.</p> <p>6.K-2.1 Recognize that skill development requires practice.</p>	<p>1.5-6.4 In a small group, keep an object continuously in the air without catching it.</p> <p>2.3-4.1 Can identify the effects of body rotation, opposition, weight transfer, and follow-through on throwing an object.</p> <p>2.5-6.4 Recognize the carry over of general movement skills that can be applied to specific activities.</p>
ASSESSMENT	<p><u>PERFORMANCE TASK</u></p> <ul style="list-style-type: none"> You are at the carnival and you are trying to win the huge stuffed animal for your mom for Mother’s Day. The game is to knock over the three milk cans with one shot. How did repetition and practice help you with this skill? <p><u>OTHER EVIDENCE</u> Teacher observation of the students performing the skills listed:</p> <ul style="list-style-type: none"> Kicking Throwing underhand/overhand Rolling Catching 	<p><u>PERFORMANCE TASK</u></p> <ul style="list-style-type: none"> While at a friend’s birthday party, the group decides to go bowling. You have been instructed in PE class how to roll a ball and knock over a target. By utilizing these basic skills, can you be the highest scorer of the game? What steps did you need to take and in what order? <p><u>OTHER EVIDENCE</u></p> <ul style="list-style-type: none"> Subjective observation Redirection
SKILLS	<p><i>Students will be able to...</i></p> <ul style="list-style-type: none"> focus on a stationary or moving target. display proper technique while throwing, rolling, bouncing an object or objects. perform skills specific to the activity. stop and adjust body positioning as directed or as needed. 	<p><i>Students will be able to...</i></p> <ul style="list-style-type: none"> consistently catch, throw, or strike an object with another object or body part back to a target or partner apply the beginning offensive and defensive concepts maintain continuous aerobic activity for a specified time recognize that time and efforts are prerequisites for skill improvement and fitness benefits identify activities that are personally interesting