

**Southington Public Schools
Curriculum Map**

Subject: Physical Education

Grade: 10

UNIT TITLE	#1 SOFTBALL
CONTENT	<ul style="list-style-type: none"> • Softball Skills • Rules/Strategies of Softball
STATE STANDARDS	<p>4.6 Initiate responsible behaviors and function independently while being a positive influence on the behavior of others in physical activity settings</p> <p>6.3 Pursue lifelong physical activities that meet individual needs</p> <p>6.4 Recognize that physical activity can provide opportunities for positive social interaction</p>
ASSESSMENT	<p><u>PERFORMANCE TASK</u></p> <ul style="list-style-type: none"> • At the conclusion of the softball unit, students must write 2-4 examples of how playing softball has improved their overall fitness and/or well-being. • In small groups, discuss what positive social interaction you had and what motivation to continue to play softball you developed through your class experience. If you had a negative experience, discuss why and what you or others could do to make it more positive. <p><u>OTHER EVIDENCE</u></p> <ul style="list-style-type: none"> • Institution of a chart to evaluate good sportsmanship, positive reinforcement, and skill execution.
SKILLS	<p><i>Students will be able to...</i></p> <ul style="list-style-type: none"> • throw a softball effectively with force and accuracy after a batted ball is fielded in the air or off the ground. • catch a softball in the air using a mitt and the non-gloved hand together. • catch a grounder properly by stepping into the path of the ball and using both hands. • actively participate in a slow pitch softball game adhering to the rules that have been established. • successfully bat an underhand slow-pitched ball into play. • move along the bases at a moderate speed, tagging appropriate corners and avoiding collisions with the defending players. • verbally explain the physical benefits of playing softball. • verbally offer positive reinforcement to both teammates and opponents and exhibit fair play through execution of established rules.