Southington Public Schools Curriculum Map

Subject: Physical Education Grade: K-5

UNIT TITLE	#1 RHYTHM AND DANCE
CONTENT	 Dance and related rhythmical activities Rhythm and dance are integral
STATE STANDARDS	 1K-2.2 Combine various traveling patterns in response to a variety of rhythms. 1.3-4.1 Develop patterns and combinations of locomotor and non-locomotor movements into repeatable sequences. 5.5-6.1 Recognize the role of games, sports, and dance in getting to know and understand others of like and different cultures. 6.3-4.6 Design games, gymnastics and dance sequences that demonstrate personal creativity and self-expression.
ASSESSMENT	PERFORMANCE TASK You want to get involved in extra curricular activities in high school. You do not want to play a sport. You would like to join the color guard. You will need to show creativity and be able to manipulate objects to a rhythm or beat. OTHER EVIDENCE Subjective observation Redirection Creativity
SKILLS	 Students will be able to design and/or perform movement patterns in dance and sport activities that combine: traveling, rolling, balance and weight transfer into smooth, flowing sequences with intentional changes in direction, speed, flow, and levels