

**Southington Public Schools
Curriculum Map**

Subject: Physical Education

Grade: K-5

UNIT TITLE	#1 MODIFIED SPORTS/BALL SKILLS (Grades K-2)	#2 MODIFIED TEAM SPORTS (Grades 3-5)
CONTENT	<ul style="list-style-type: none"> • Fitness Related Skills • Modified Sports • Teamwork • Ball Skills • Team Skills 	<ul style="list-style-type: none"> • Fitness Related Skills • Teamwork • Ball Skills • Team Sports • Team Skills
STATE STANDARDS	<p>K-2.1 Recognize that skill development requires practice. 6K-2.6 Look forward to new physical activity experiences.</p>	<p>6K-2.1 Recognize that skill development requires practice. 6.3-4.2 Begin to recognize areas for personal and group growth and improvement. 6.3-4.7 Willingness to accept challenges and explore new activities.</p>
ASSESSMENT	<p><u>PERFORMANCE TASK</u></p> <ul style="list-style-type: none"> • You are a short stop for your t-ball team. The pitcher gets hurt. The coach puts you in to take the place of the injured player. You have never pitched before. Demonstrate the correct technique and form that you have learned in your many PE activities. Focus on a stationary target. <p><u>OTHER EVIDENCE</u> Teacher observation of the students performing the skills listed:</p> <ul style="list-style-type: none"> • Kicking • Dribbling (foot) • Trapping • Throwing • Catching 	<p><u>PERFORMANCE TASK</u></p> <ul style="list-style-type: none"> • You and two friends are in a canoe going down the Farmington River. It capsizes. You are trying to balance on the rocks. You remember to lower your center of gravity to stabilize your body. You have a piece of rope, a paddle, and a life preserver. Here’s the challenge: How will you and your friends get to safety? <p><u>OTHER EVIDENCE</u> Teacher observation of the students performance of the skills listed:</p> <ul style="list-style-type: none"> • Kicking • Dribbling (foot) • Trapping (foot) • Dribbling (hands) • Throwing • Catching • Striking • Rolling

SKILLS*Students will be able to...*

- consistently kick/strike/trap and object with another object or body part.
- continuously dribble a ball using feet
- catch an object effectively
- throw an object using a fluid motion

Students will be able to...

- consistently catch, thrown or kick/strike an object with another object or body part back to a target/partner
- hand dribble and foot dribble a ball and maintain control while traveling within a group
- throw/strike a ball or object demonstrating both accuracy and distance
- hand/foot dribble while preventing an opponent from stealing the ball
- in a small group, keep an object continuously in the air without catching it
- throw and catch a ball/object while being guarded by opponents
- participate in small group activities that involve cooperating with others to keep an object away from opponents basic offensive and defensive strategies
- can identify the effects of body rotation, opposition, weight transfer and follow through on throwing an object