

Southington Public Schools**Curriculum Map****Subject:** Physical Education**Grade:** 8

UNIT TITLE	DECISION MAKING SKILLS
CONTENT	<ul style="list-style-type: none">• Steps and tools necessary in making an effective decision• Good health decisions are essential for total wellness• Group decisions are more effective than individual decisions
STATE STANDARDS	4.5 The skills necessary to make good decisions.
ASSESSMENT	<p><u>PERFORMANCE TASK</u></p> <ol style="list-style-type: none">1. You are stranded on a desert island. All your supplies have been destroyed except twenty items. Decide which items are most important for survival.2. Your friend offers you cocaine. What decision-making skills would you use in order to make the correct choice?3. You have decided that you want to be a doctor. What decisions would help you to achieve this goal.4. Your basketball coach has told the team he is going to pick a team captain, however, you and the other players feel it would be better if the team made the decision as a group. <p><u>OTHER EVIDENCE</u></p> <ol style="list-style-type: none">1. Test/Quizzes2. Homework3. Journal Reflections4. Poster
SKILLS	<p><i>Students will be able to...</i></p> <ul style="list-style-type: none">• identify decision-making steps• recognize the importance of making wise decisions to maintain good health• effectively make a decision in a group setting• recognize that good decision-making will help them to achieve their goals